**** “I have a home test….now what?”

**Are you testing to know if you should stay at home from work, school, or daycare?**

* ***We recommend you contact your employer or school/daycare staff to see if they prefer you test in front of them so they can verify the results of the test.***
* ***This flyer will also serve as a work excuse, with instructions below for what to do if test is positive or negative.***

**Test Positive?**

***There are new pills for COVID – Paxlovid and molnupiravir. Call your clinic to see if one of these medicines is right for you!***

***Have symptoms?***

* ***Stay at home, wear a mask, and self-isolate until…***
	+ and at least 5 days\* have passed since symptoms first appeared,
	+ fever-free for at least 24 hours (measured when they are not taking fever-reducing medicine like Advil™, Tylenol™, or aspirin),
	+ symptoms have resolved or are improving
	+ and assuming you are able to wear a well-fitting mask for an additional 5 days. *If you are unable to mask for an additional 5 days then stay at home for 10 days total.*

***No symptoms?***

* ***Stay at home, wear a mask, and self-isolate until…***
	+ 5 days after your positive test.
* **You can stop isolating if you…**
	+ have no symptoms AND
	+ are able to wear a well-fitting mask for an additional 5 days.  *If you are unable to mask for an additional 5 days then stay at home for 10 days total.*
* ***Call your clinic if you develop symptoms or feel bad and want to be seen.*Test Negative?**

***Are you a close contact\*\* of someone with COVID?***

* ***Have you received your COVID Booster already?***
	+ No need to quarantine.
	+ Mask for at least 10 days total.
* ***Due for COVID Booster but haven’t received it yet? Unvaccinated, or only received 1 dose?***
	+ Stay at home for at least 5 days, wear a mask, and self-quarantine until the 5 days are over
	+ You can return to work/school/daycare after 5 days\* IF you have no symptoms, but mask for at least another 5 days (10 days total).
* ***If you get symptoms...***
	+ Call your clinic to be seen and receive a test at one of our sites, and do not stop quarantining until you get a negative test.

***NOT a close contact\*\* of someone with COVID?*** No need to quarantine. Return to work/school/daycare.

\* Day 0 for COVID Positive person - when symptoms started, Day 0 for Close Contact - when last close contact occurred

\*\*Close contact - within 6 feet of someone who has COVID-19 for 15 minutes or more over a 24-hour period, or being directly coughed or sneezed on by that per