



JOB TITLE – INTEGRATED BEHAVIORAL HEALTH PROFESSIONAL (Maternal Mental Health)

The mission of Waco Family Medicine (WFM) is to improve the wellness of the underserved and vulnerable residents of the Heart of Texas by providing effective access to high quality comprehensive primary healthcare. Almost 80% of our patients live at or below the Federal Poverty Guideline, and represent a diverse range of cultural backgrounds. We provide care at every stage of life from fifteen sites across two counties.

HOURS: M-F 8:00 AM - 5:00 PM

SUPERVISOR: Lauren Dickman, LCSW-S

SALARY: Starting at \$60,000 with potential for incentive bonuses

This position is fully integrated into the unique setting of Waco Family Medicine's Women's Health Center. Subsequently, the position offers the opportunity to receive certification in Perinatal Mental Health (PMH-C) through Post-Partum Support International. Additionally, the position will be a part of Waco Family Medicine's Women & Children's Initiative; targeting maternal mental health and focused positive outcomes for the women and families served.

POSITION DUTIES/RESPONSIBILITIES:

- Work within a transdisciplinary Primary Care and OB/GYN team, providing integrated behavioral health care with a focus on preventative and proactive approaches to mental health care among patients seeking obstetric care.
- Support and closely coordinate mental health care with the patient's medical provider; screen, assess and offer focused treatment within the medical setting for patients with common mental health disorders.
- Deliver time-limited, target-based treatments such as brief cognitive behavioral therapy and solution-focused therapy. Common interventions include behavioral activation, problem-solving therapy, stimulus control therapy, sleep hygiene, acceptance-based strategies, psychoeducation, relaxation training, motivational interviewing, and parent training.
- Advanced care management tasks include pre-visit planning, patient education, registry monitoring and patient self-management training.
- Provide care coordination service to address short- and long-term medical and behavioral health treatment goals.
- Communicate with physician and care team members about relevant patient needs or changes.
- Identify cost-effective protocols and care paths for improving population health and participate in developing guidelines for care.
- Promote health equity by recognizing the close link between the elimination of disparities and health outcomes.

REQUIRED EDUCATION, TECHNICAL TRAINING OR EQUIVALENT: LCSW or LPC REQUIRED



EXPERIENCE OR SKILLS:

-Knowledge of health care conditions and needs of patients; specific training, knowledge and interest in perinatal and maternal mental health preferred.

-Basic understanding of mental disorders and principles of psychotherapy. Specific knowledge in sexual disorders and relationships a plus.

-Ability to navigate health care systems. General knowledge of chronic health care conditions and needs.

-Ability to communicate across professional disciplines.

-Ability to speak Spanish is valued.

-Candidates with experience serving diverse or underrepresented populations is preferred. Prior demonstration of knowledge or contributions to racial justice efforts is considered a minimum qualification.

TO APPLY: Please visit our website at www.wacofamilymedicine.org and fill out an online application located under Careers.